



Shepherd Care®

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To Care for People Where They Live and Work

COMMUNITY Care TOPIC

While it Remains for Us the Living

Moving on and Living after the Passing of a Loved One

Even if the passing is a known event, such as in the diagnosis of a terminal illness, every death is a challenging event to endure. After the initial trauma of the event, where do we go from here?

The Heart

First, an understanding of the feelings of our heart is needed. Our heart reveals our strengths and our weaknesses.

Because we have a heart:

- It is the proof that we are alive. As long as our heart beats, we live.
- We have the capacity to feel love and to receive love.
- And, we also have the burden of care and grief.

The Business of Living

- The necessity of living is required. Life must go on.
- Step by step, keep moving forward is needed. The path is not always clear, but progress is important.
- Look for flowers to smell.
- Have a reason to make it. We can live each day with purpose, to honor the life and memory of our departed loved one.
- Prepare for our tomorrows.

Yes, the fading and passing of life will happen, but while we are alive, it remains up to us, the living, *to live*.

Introducing your Community
Chaplain

Eric Kieselbach

(pronounced "key-sill-
baa")

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"Spring follows the
Winter season."

"Let not your heart
be troubled: ye
believe in God,
believe also in me. In
my Father's house
are many mansions:
if *it were* not so, I
would have told you.
I go to prepare a
place for you."

John 14:1-2

All Scripture quotations,
except otherwise noted,
are from the King James
Version of the Holy
Bible, (Cambridge:
Cambridge) 1769.
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